
LIP BLUSH

Pre Care

Prior to your PMU procedure, think about the look that you wish to achieve. As a professional in the field of colour analysis and makeovers, I'll ensure that the correct colors and styles are chosen for you, however, you are part of the decision-making process.

PMU (Permanent Makeup) enhancements normally require multiple sessions. To achieve the best results you may be required to return for a second application between 1 -3 months after the initial application

Be prepared for the color intensity to be significantly sharper and darker immediately after the procedure. This will subside and become softer as the skin heals. This process can take up to 14 days.

General Pre-Procedure - 80% of the outcome is determined by proper pre and aftercare

Delicate skin or sensitive areas may be swollen or red, so if you have any social plans in the days after your procedure, bear this in mind.

- No coffee or caffeine 24 hours before appointment
- Do not take aspirin or anti-inflammatory medication such as Ibuprofen 2 days prior to your appointment.
 - Do not discontinue any medication before consulting your doctor.
 - Do not consume alcohol for 2 days prior to your appointment.
 - Do not use Retin A skincare products close to the area to be treated for 6 weeks prior to your procedure.
 - Do not use AHA skincare products close to the area to be treated for 4 weeks prior to your procedure
 - Avoid professional chemical peels close to the procedure site for 4 weeks prior to your procedure.

COLD SORES

If you have a history of cold sores (herpes simplex) and are scheduling a lip enhancement, it's advised that you to use anti-herpes medication such as Oral anti-herpes medication (3 viral tablets over the counter) taken on day of appointment will control the incidence of an outbreak more or less completely. PMU does not cause cold sores, however, if you carry the virus, it lays dormant in the nervous system and can be aroused by the infusion process.



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- IP laser hair removal around the mouth should be carried out no less than 2 weeks prior to your procedure.
 - Waxing and bleaching treatments should be performed no less than 2 weeks prior to your procedure.
 - Electrolysis treatments should be performed no less than 2 weeks prior to your procedure.
 - Dermal fillers in the lips should be performed no less than 4 weeks prior to your procedure.
 - Permanent makeup cannot lighten dark lip tissue.
 - Lightly exfoliating your lips to remove dry, dead skin ahead of your appointment will help with retention.
 - Keep your lips moisturised before your appointment- Dry or chapped lips will not help the pigment penetrate and will result in loss of pigment.
- Product recommendation: Apply everyday the week before your appointment

